

Ingredients

2 cups Raw Cashews soaked in water for 2 hours then drained

1/2 cup Water

1 Tbsp. Apple Cider Vinegar

1 Tbsp Nutritional Yeast

2 cloves Garlic

1 tsp. Onion Powder

1 tsp. Salt

few grinds Pepper

Directions

1 combine in high speed blender (we use a Vitamix) until smooth.